

The Breakfast Menu at Mountain Lake

Welcoming Selections

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| Coffee or Hot Tea 3 | Basket of 4 freshly baked breakfast Pastries 6 |
| Freshly-squeezed Orange or Grapefruit Juice 4 | Tropical Fruit and Berry Parfait Whole Milk Yogurt and Granola 5 |
| Whole, 2%, Almond or Skim Milk 2 | Selection of Cereals Fresh Fruit and choice of Whole, 2%, Skim or Almond Milk 4 |
| Cranberry, Apple, Grape, V-8 or Tomato Juice 3 | Bagel and Cream Cheese Choice of Plain, Whole Wheat or Everything Bagel 4 |

For all of our egg preparations we will be serving
Cage-free, all natural farm fresh eggs, from vegetarian-fed hens

The Classics

Mountain Lake Omelet

Three Organic Eggs with your choice of Toast with Breakfast Potatoes or Fresh Fruit
Choice of 3: Spinach, Sautéed Onions, Diced Tomatoes, Cheddar, Swiss,
Mozzarella, Pepper Jack, Chopped Bacon, Diced Ham and Sausage
Egg Whites available upon request

10

The Traditional Mountain Lake Breakfast

Two Organic Eggs with your choice of Breakfast Potatoes or Fresh Fruit
Bacon, Sausage Links, Ham or Chicken-Apple Sausage and choice of Toast

10

Smoked Salmon and Bagel

Hardwood-Smoked Salmon, Toasted Bagel, Capers,
Pickled Red Onions, Boiled Egg and Horseradish Cream

11

Irish Steel-Cut Oats

Fresh Berries, Butter and Brown Sugar

5

Off the Griddle

Buttermilk Pancakes

Stack with Powdered Sugar, Strawberries and Maple Syrup
Choice of one Side

7

French Toast

Challah Bread, Vanilla and Cinnamon Sugar
Choice of one Side

8

Steak and Eggs

Sirloin Steak, Organic Eggs. Breakfast Potatoes and choice of Toast

12

Benedict

Served with your choice of Breakfast Potatoes or Fresh Fruit

Traditional Eggs Benedict

Canadian Style Bacon, Poached Organic Egg,
Toasted English Muffin and Hollandaise Sauce

10

Mushroom Eggs Benedict

Olive Oil-Roasted Portabella Mushroom, Poached Organic Egg,
Toasted English Muffin and Hollandaise Sauce

10

Smoked Salmon Eggs Benedict

Smoked Salmon, Spinach, Poached Organic Egg,
Toasted Everything Bagel and Hollandaise Sauce

15

Breakfast Sides

Bacon, Sausage Links, Chicken-Apple Sausage, Country Style Ham,
Canadian Bacon, Cheese Grits, Breakfast Potatoes or Fresh Fruit

Breads: White, Wheat, Multigrain, Rye, English Muffin or Raisin Bread

Consuming raw or uncooked meats, poultry, seafood, shellfish,
Eggs or unpasteurized milk may increase your risk of foodborne illness